REGISTRATION FORM

Yes! I want to register to ride in the (check one)___5 Mile ___10 mile___25mile___50 mile BIG BIKE RIDE, June 16, 2007 to help fight WORLD HUNGER. Enclosed is my registration fee ($15). I understand that with a pledge of $50 or more the registration fee will be waived for an individual or family.

NAME_____

ADDRESS_____

_____

PHONE_____

AGE_____ SEX: M___ F___

Children under 16 must be accompanied by an adult. If necessary, parents unable to ride with their child may make arrangements with the committee, prior to June 18, for adult supervision. No one will be allowed to ride without a helmet.

Mail or deliver registration to:

ANTIOCH CHURCH OF THE BRETHREN
WORLD HUNGER BIKE RIDE
2996 CALLAWAY ROAD
ROCKY MOUNT, VA 24151

JOIN US ON THE RIDE TO FIGHT WORLD HUNGER AND EXPERIENCE THE CHALLENGE OF A PART OF STAGE 5 OF THE 1996 TOUR DUPONT!!!

Ride Date: June 16, 2007
Start/Finish: Antioch Church of the Brethren
Check-in Time: Begins @ 8:00 AM
Ride Start Time: 8:30 AM

Ride Route: Join us on an exhilarating ride thru the mountains and valleys of Franklin and Floyd Counties. The longer ride traverses heavy mountainous terrain with elevations ranging from a low of 1000 feet to a high of 2750 feet along winding rural roads as well as along the scenic Blue Ridge Parkway. The longer ride follows the same route as last year and includes some of the same roads chosen for stage 5 of the 1996 Tour DuPont. The 10 and 25 milers are located in the same area, but avoid the mountainous terrain.

Preparation and Safety: Your safety is our primary concern! We require that all riders wear a helmet throughout the ride. You will not be allowed to ride without one. Riders must have their bike (10 speed minimum recommended) in good riding condition and should have ridden that bike on at least one ride of 30 miles or more. We recommend that riders bring a water bottle, change of clothing and sun protection. Personal gear may be left with your vehicle at the church (ample parking available).

Support: Maps and/or cue sheets will be provided at check-in showing the routes and scheduled rest stops (10 - 12 mile intervals). Drinks and snacks will be provided at the rest stops. Support vehicles equipped with water, repair equipment, and first aid supplies will be available throughout the ride to carry personal gear and tired bikes and bikers.